



Congratulations on your new appliance!

How the Lip Bumper works

The purpose of the lip bumper is to widen the lower jaw to help make space for your teeth. The lip bumper slides into two metal sheaths that are attached to bands placed on your back teeth (the molars). The lip bumper is secured in place by your lips or elastic/metal ties when needed. The length of time that you will wear your lip bumper is determined by the amount of crowding and the eruption of your adult teeth (canines and premolars).

Eating with your Lip Bumper

You are able to eat while wearing your lip bumper. You can remove your lip bumper so you can brush your teeth and the bands on your molars thoroughly every time, as food can get caught underneath it. Avoid eating hard, chewy or sticky foods as they can damage the lip bumper or cause your bands to come off. If this occurs please contact our office and schedule a visit.

What to do if your Lip Bumper is dislodged

Your lip bumper may become dislodged causing the lip bumper to slip out of the molar band tubes. If you can, gently reinsert the lip bumper into the molar tubes one side at a time, making sure that the U-shaped bends in the lip bumper are facing down towards the gums. If you are not able to get the lip bumper back in place, please call our office and schedule a visit. Be sure to bring your lip bumper with you to that visit so we can adjust and reinsert it.



Questions? Connect With Us

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